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Education:

Masters of Education, Learning Design: Arizona State University (In Progress)
Bachelors of Science: Nursing, Montana State University (2010-2012)
Bachelors of Science: Chemistry, Montana State University (2007-2009)
No degree earned: Fort Peck Community College (2005-2006)
Bachelors of University Studies: Dickinson State University (1998-2003)
High School Diploma: Wolf Point High School (1994-1998)

Licensure:

Registered Nurse (Minnesota), 2012-Present, License number R2076469

Certification:

Certified Instructional Designer (In Progress)
Certified Scuba Diver: 12 m 40ft(2016- Present)
Certified Nursing Assistant: (Montana) (2009-2011)
Certified Massage Therapist: Headlines Academy, 2004- Present
Epic EHR Certification and Badges: Epiccare Ambulatory, Training Environment Builder, In Basket Badge, Data Courier (2019-present)

Current Employment:

Mayo Clinic, Rochester, MN. Staff Nurse (2012-2017, Credentialed Trainer (2017), Principal Trainer (2017-2019). Instructional Designer (2019-2021), Senior Instructional Designer(2022-Current)

Current Position tasks: Design, Upkeep and Training of Curriculum for Research software

Specialty tasks: Develop instructor-lead and Asynchronous training. Develop Quick Reference Guides, Tip Sheets, Super Documents and Upgrade Materials.

Software: Microsoft Office, Camtasia, Adobe Creative Suite, WellSaid, Capcut, Click-up, Articulate Rise and Storyline.

Twizog LLC, Anaconda MT: Co-owner (2021-Present)

Co-Owner, Administrator

Manager and Lead Designer for Black Hat Designs (a subsidiary)

Projects:

Silver Project: Joy in the work place.

Silver/Gold Project: Reduction of paper consumption in the training department
Plummer project: Transition to the EPIC EHR software to provide a converged system that provides shared information across all sights. Role: Principal Trainer/Instructional Designer
Silver Project: Development of charting process to assist in providing consistent information.

Professional Organizations

Minnesota Organization of Registered Nurses ANA (2012-2020)

Positions: Treasurer (2016-2018), Director (2014-2016)

Minnesota Student Nurses Association (2014-2019)

Position: Advisor to the State Board

National Student Nurses Association (2010-Present)

Positon: President (2011-2012)

Sustaining Member (2012-Present)

Delegate Credentialing (2013-Present)

Association of Nurse Executives (2012)

Position: Subcommittee member for New Nurse Membership

American Psychiatric Nurses Association (2012)

Position: Honorary Member

Nursing Organization Alliance (2011)

Position: Representative of the NSNA

Foundation of the National Student Nurses Association (2011-2012)

Position: Ex-Officio to the Board of the FNSNA

Montana Student Nurses Association (2010-2012)

Position: President (2010-2011)

Committees

Mayo Committees and Work groups Current: PEP Squad: Chair 2020-current, Clinical Communication Subcommittee, Dialysis Core, PT/OT/SLP Superuser group, In Basket sprints, Virtual Training Workgroup, Clinical Nutrition Superuser group,

State Appointed Committees

Health Professionals Service Committee (2014-2019) Advisory committee member

Minnesota Organization of Registered Nurses Committees (2014-2016)

Finance Committee Chair

Bylaws Committee

Mayo Clinic Nurse Committees

Unit Council, Charge, Preceptor committee Chair (2016)

Psychiatric Staff Development Committee Unit Representative (2016)

ANA Congress of Practice and Economics: Education Committee (2011-2012)

National Student Nurses Association (2011-2012)

Executive Committee

Finance Committee

Convention, Bylaws, Global, Image of Nursing, (Ex-Officio)

Presentations

July 2013-2017

Mayo Clinic Rochester, Dept. of Psychiatry and Psychology
Using Situational Awareness course for the inpatient setting.

2015

Gustavus Adolphus University
Developing your Resume

2013

Minnesota Student Nurses Association
Convention Keynote Speaker: Advise on the transition from school to career
Montana Student Nurses Association
Psychiatric Nursing as a New Graduate

2012

National Student Nurses Association Annual Convention
Opening Ceremony-Master of Ceremony
Closing Ceremony-Master of Ceremony
House of Delegates-Chair
School Presidents-Discussion Leader
Montana Student Nurses Association
Being active in Nursing Organization
Wyoming Nurses Association
Key Note speaker: Social Media and Nursing

2011

National Student Nurses Association Midyear Convention
Opening Ceremony-Master of Ceremony
Closing Ceremony-Master of Ceremony
How to be a delegate-Chair
National League for Nursing
Convention Panel on the Career Field for New Nurses
Montana Student Nurses Association
Opening Ceremony-Master of Ceremony
Closing Ceremony-Master of Ceremony

Convention

2016,2017,2018,2019

Minnesota Student Nurses Association-Convention Oversight
National Student Nurses Association-Delegate Credentialing (staff)

2015

ANA Membership assembly Minnesota Alternate
Minnesota Student Nurses Association-Convention Oversight
National Student Nurses Association-Delegate Credentialing (staff)

2014

National Student Nurses Association-Delegate Credentialing (staff)

2012

National Student Nurses Association-Convention Leader (Annual)

2011

National Student Nurses Association-Convention Leader (Midyear)

Montana Student Nurses Association-Convention Leader (Annual)

Publications

Bizier, N.P., Atkins, S.R., Helland, L.C., Colvin, S.F., **Twitchell, J.R.**, Cloninger, M.J. (2008). Indium Triflate Catalyzed Per acetylation of Carbohydrates, *Carbohydrate Research*, 343(10-11): 1814-1818.

Twitchell, J.R. (2016) What you learn as a psychiatric nurse: From the moment you step into the profession onwards, *Imprint*, 62(5): 33-35

Awards

Mayo Clinic

Silver Quality Fellow: Development of Advanced Charting Methods (2014)

Individual Achievement in Nursing: Psychiatric Nursing (2014)

Bronze Quality Fellow: Unit quality improvement (2012)

Best Project team: PEP Squad and the Joy Project (2022)

Scholarly

Anna Pearl Award for Nursing (2011)

Montana State University Research Awards (Grants) (2007-2008)

Current Continuing Education

Design and Media software and processes.

Past Employment

Twitchell Land and Livestock, Wolf Point MT. Ranch Labor (1994-2012)

Position tasks: Manual labor, Machine maintenance, Land maintenance, Crop planting, care and harvesting, Tasks at request.

Specialty Tasks: Cattle vaccination, Cattle health and nutrition, Cattle Midwifery, Cesarean section, Calf health and identification, Staff health, nutrition and emergency care.

Mountain View Care Center, Bozeman MT. Certified Nursing assistant (2009-2010)

Position Tasks: Patient Care, Tasks as delegated

Specialty Tasks: Range of Motion, Patient Walking, Application of braces, Rehabilitation tasks as delegated,

Faith Lutheran Nursing Home, Wolf Point MT. Certified Nursing Assistant (2009)

Position Tasks: Patient Care, Tasks as delegated.

Specialty Tasks: Dementia Care

Montana State University, Bozeman MT. Research Assistant (Cloninger Lab) (2007-2009)

Position Tasks: Perform, develop and repeat experiments as delegated, Lab maintenance.

Specialty Tasks: Peracitlation of carbohydrates utilizing indium triflate as a catalyst,
Effects of peracitlated carbohydrates on bacterium.

Fort Peck Community College, Wolf Point MT. Teaching assistant and Tutor for Glenn Black and Dr. Hollar Dinsmore . (2008)

Position Tasks: Teaching assistant for General Chemistry, and Hazardous materials classes, Tudor for general biology.

JcPenny Salon and Spa, Rapid City SD. Massage Therapist (2004)

Position Tasks: Resident Massage Therapist, Promotion of Massage services

Main Street Deli, Deadwood SD. Assistant Manager (2004)

Position Tasks: Assign Employees tasks, Train Employees, Open and Close.

Big Al's Buffalo Steak house and Bodega, Deadwood SD. Bartender. (2003)

Position tasks: Mix and serve drinks for steak house and casino.

Rosenbluth Travel, Dickinson ND. Customer service Travel agent (2002-2003).

Position Tasks: Customer service for orbitz.com account.

Speciality tasks: Airline and Hotel exchanges on graveyard shift.

Borrowed bucks road house, Dickinson ND, Server, Cook, and bartender. (2001-2002)

Position tasks: Wait tables, mix and serve drinks, cook appetizers and pizzas.

Mulligans Restaurant and Bar, Dickinson ND, Bartender (2001 Seasonal)

Position Tasks: Mix drinks, Load bartending carts.

Dickinson State University, Dickinson ND, Resident and Office Assistant. (1998-2001).

Position Tasks: Maintain Residents halls (DeLong); enforce Resident Guide lines, Provide Resident events.

Twitchell Administrative services, Wolf Point MT, Offices assistant (1994-1998)

Position Tasks: Office tasks as assigned ex. copying, labeling, deliveries.